NARSS program support

2023 Montana Opioid Abatement Trust Grants

Never Alone Recovery Support Services

Don Roberts droberts@narssmontana.org

PO Box 406 0: 406-550-1483 Ronan, MT 59864 M: 406-550-1483

Don Roberts

PO Box 406 droberts@narssmontana.org

Ronan, MT 59864 0: 406-550-1483 M: 406-550-1483

Application Form

Region Selection

To collaborate with someone else on this request, click the blue "Collaborate" button in the top-right corner.

Project Name*

NARSS program support

Select Abatement Region and/or Metro Region*

Select the Multi-County Abatement Region <u>and/or</u> the Metro Region you are requesting grant funds from. Select all regions that apply, for example if you are collaborating with multiple Counties <u>and/or</u> Abatement Regions select each region the program/project will serve. Click <u>HERE</u> for a detailed map of Multi-County Abatement Regions and Metro Abatement Regions

Lake County

Application Overview

About the Organization/Program*

Give a brief description of the Organization/Program/Project. Include the mission statement and the services provided.

NARSS is a 501c3 Recovery Community Organization

NARSS Mission - To provide long term recovery support services to individuals struggling with addiction and homelessness.

- 1. Develop and maintain a community peer support drop-in centers, where community members can learn about and practice addiction recovery skills.
- $2.\ Develop\ and\ maintain\ long-term\ recovery\ residences\ for\ individuals\ in\ recovery.$
- 3. Collaborate with other organizations to help establish a recovery-oriented system of care in the community.
- 4. Collect and disperse data on the impact these programs have in the community.

Vision – Provide a positive, safe, peer-led, peer-driven, empowering Person-Centered environment supportive of all pathways of Recovery for women/men to recover from active substance use disorders and obtain the recovery capital to live a life free of chemical dependence.

NARSS operates a community Recovery Hall (Drop-in Center) which is open daily. We provide LAC led group support every morning, and BHPSS individual support throughout the day, in the evenings we host mutual support meetings. We focus on life skills, recovery tools and skills, parenting skills, financial responsibility skills, employment skills, and relapse prevention skills.

NARSS provides non-clinical recovery support services, we are not Medicaid providers, all of our funding comes from local entities that support what we do.

NARSS manages NARR/RRAM certified Recovery Residence programs for men, women, and families in recovery.

NARSS distributes Naloxone and trains community members in its use.

What category does the program fit into*

Check the category/categories the program fits into. You may select more than one option.

Click **HERE** for a list of approved opioid remediation uses

Recovery

How does the program meet the Opioid Remediation Guidelines*

In detail, describe how the program fits into the approved Opioid Remediation Guidelines selected in the above question.

Please be specific

EXPANSION OF WARM HAND-OFF PROGRAMS AND RECOVERY SERVICES - SUPPORT PEOPLE IN TREATMENT AND RECOVERY -

NARSS collaborates with multiple other agencies to ensure there is no closed doors to recovery and overdose prevention. We provide daily recovery support services in the form of group and individual peer support at our drop-in center and NARR/RRAM certified recovery residence programs for men, women, and families. We are a hub for referrals and linkage to services in our community.

NARSS provides transportation and peer support when linking individuals to services and resources. Examples of warm handoffs have included but are not limited to:

Local hospitals and MAT teams, Polson Job Service, Cedar Creek Integrated Health, Recovery Centers of Montana, Drug Court, Tribal Healing Court, Tribal Housing, and Open Aid Alliance.

NARSS offers harm reduction services in the form of peer support, Naloxone distribution, Naloxone training, and linkage to other harm reduction resources in the area.

New Program or Existing*

Is the funding intended for a new program or to expand an existing program?

A proposed supplement or expansion to a program.

Fiscal Information

Requested Amount*

\$78,240.00

Program Budget*

How will the funds be allocated? Attach a detailed line item budget breakdown for the program. If the funds are intended for a multi-year program please specify the amount budgeted for each year.

MOA budget.pdf

Source of Funding*

Does the program currently receive funding from another source? If yes, please explain in detail. (i.e. amount, funding source, etc.)

Grant funding is intended for the creation or expansion of opioid prevention, treatment, and recovery projects. The money is **NOT** meant to replace or supplant existing funding.

NARSS has braided funding sources for general program sustainability; however, none of those funding sources currently support the transportation services we are trying to provide.

Do you have a Fiscal Agent*

No

Program Abstract

Program Description*

Describe the objectives of this project. Provide a detailed overview of the program, including its purpose, priorities & objectives, and intended results.

The communities we serve are in rural areas that have limited transportation resources. The project we are requesting funding for is to provide those transportation resources to individuals seeking recovery support services. This funding will allow NARSS to provide transportation for individuals seeking treatment and recovery support. It will provide daily transportation to the Recovery Hall DIC, Cedar Creek Integrated Health, Recovery Village Hub, Polson Job Service, Lake County Probation/parole, Drug Court, St. Josephs MAT program, Open Aid Alliance, and Tribal Health. In conjunction with the transportation, individuals will be in direct contact with a certified Peer Support Specialist providing recovery-oriented support, and linking participants to other community resources.

Program Reach

If you are requesting funds from multiple Abatement Regions please specify how your program serves each region. **Be specific.**

We serve all of Lake County and the Flathead Indian Reservation

Specific Goals*

What are the specific goals of the program? List several goals the program hopes to accomplish and how the program intends to meet these goals.

- 1. Produce a higher outpatient retention rate
- 2. Reduce relapse and crisis due to lack of transportation
- 3. Tie participants into larger Recovery Support network
- 4. Make sure participants can access evening self-help meetings

Evaluation Method*

Describe how you plan to evaluate the effectiveness of the program and what the method for evaluation will be.

NARSS will administer a monthly recovery capital tool called the Multidimensional Inventory of Recovery Capital (MIRC). This tool is a monthly survey designed to capture ongoing data points in several key recovery capital areas. Some of these points include things like: employment changes, level of connection to recovery support systems, education, transportation, stress levels, level of fulfillment and self-esteem, etc. This tool allows us to collect quantitative evidence that peoples lives are actually improving due to our services. NARSS utilizes an app in the Behavehealth EHR software, this app allows participants to check in for all recovery related events and appointments, and allows NARSS to send them surveys for this data collection that can be completed on their phone.

Awareness*

How do you plan to create awareness of this program? Briefly describe what action the program plans to take to create awareness in the community.

NARSS will distribute flyers to the recovery community and professional community partners alerting them to the up-coming changes in transportation services (pick up times, pick up places, days and hours of service)

Additional Documents

Use this section to upload or explain any additional information regarding the program/organization. ie. a detailed budget projection, program/organization history, etc.

Upload #1

Upload #2

Upload #3

Additional Information

NARSS currently provides a wide range of recovery support services, we are the only organization in our area who provides these services. When we asked our recovery community what the biggest need was outside of housing, the answer was overwhelmingly "transportation to services".

File Attachment Summary

Applicant File Uploads

• MOA budget.pdf



Line-item budget for NARSS program support 2024-2025 (MOA Trust project)

Item	Need	Requested Amount
Fuel	Transportation to services (rural)	\$ 26,000
Vehicle Maintenance	Transportation to services (rural)	\$ 4,400
Peer Support Specialist salary	Transportation to services (rural)	\$ 41,600
Fringe/administrative	Payroll costs	\$ 6,240
	Total Requested	\$ 78,240

Further explanation of needs:

NARSS is located on the Flathead Indian Reservation and the community has limited transportation resources. NARSS provides transportation to ensure our program participants can access transportation to the following:

- SUD treatment appointments
- Daily SUD groups and Life Skills groups
- Daily self-help meetings
- Medical appointments such as MAT
- Employment

Fuel: We currently average around \$300 a week in transportation fuel; however, we are trying to expand the area we can provide this service to include the St. Ignatius and Elmo communities. The amount for fuel represents \$500 per week for 52-weeks.

Vehicle Maintenance: This includes tires, fluid changes, and repairs.

Peer Support Specialist salary: Salary for the staff performing these transportation responsibilities, staff is a certified Peer Support Specialist and provides some of these services while providing transportation, staff makes \$20 an hour, 40-hours per week.

Fringe/administrative: Includes payroll costs, and primary care medical benefits