

# Ravalli County Sheriff's Office-Wellness Program

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*2024 Montana Opioid Abatement Trust  
Grants - 3rd Quarter*

## ***Ravalli County Sheriff's Office***

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# Application Form

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## *Region Selection*

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To collaborate with someone else on this request, click the blue "Collaborate" button in the top-right corner.

### **Project Name\***

Ravalli County Sheriff's Office-Wellness Program

### **Select Abatement Region and/or Metro Region\***

Select the Multi-County Abatement Region **and/or** the Metro Region you are requesting grant funds from. Select all regions that apply, for example if you are collaborating with multiple Counties **and/or** Abatement Regions select each region the program/project will serve. Click [HERE](#) for a detailed map of Multi-County Abatement Regions and Metro Abatement Regions

Ravalli County

## *Application Overview*

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### **About the Organization/Program\***

Give a brief description of the Organization/Program/Project. Include the mission statement and the services provided.

The Ravalli County Sheriff's Office has established the Ravalli County Behavioral Health Coalition that represents interagency collaboration towards an appropriate system of response to individuals experiencing behavioral health crisis. This Coalition is also working to promote a strong workforce by providing professional development opportunities as well as prevention and educational support to those agencies represented. Within this Coalition are five subcommittees: Youth Diversion Project, Crisis Intervention Team Training (CIT), Officer Wellness/ Peer Support, 911/988, and CIT Referrals. Our Officer Wellness/Peer Support is a new program that we are requesting funds for that will work to help support our Ravalli County Sheriff's Office first responders to cope with the chronic exposure and secondary trauma they are experiencing due to the nature of their work. The mission of our Officer Wellness/Peer Support Team is to provide our deputies, chaplains and other involved staff effective mental and behavioral health resources that is confidential and can be used at their convenience. We are working with Cordico, a leader in first responder wellness and a part of Lexipol to purchase an app for our agency to support these goals. Please see the attached document for the Scope of Services.

### **What category does the program fit into\***

Check the category/categories the program fits into. You may select more than one option.

Click [HERE](#) for a list of approved opioid remediation uses

Prevention  
Treatment  
Recovery

### Exhibit E List of Opioid Remediation Uses

*Schedule A - select all that apply*

G. PREVENTION PROGRAMS

### Exhibit E List of Opioid Remediation Uses

*Schedule B - select all that apply*

I. FIRST RESPONDERS

### How does the program meet the Opioid Remediation Guidelines\*

In detail, describe how the program fits into the approved Opioid Remediation Guidelines selected in the above question.

*Please be specific*

The Ravalli County Officer Wellness/Peer Support Program meets the approved Opioid Remediation Guidelines in Part Three, I: 2. Provision of wellness and support services for first responders and others who experience secondary trauma associated with opioid-related emergency events. The Lexipol program is accredited and will support effective coping and healing due to the chronic exposure of critical events that involve substance abuse approximately 60-70% of the calls for service in our county.

### New Program or Existing\*

Is the funding intended for a new program or to expand an existing program?

A new program for your region.

## Fiscal Information

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### Requested Amount\*

\$11,198.10

### Program Budget\*

How will the funds be allocated? Attach a detailed line item budget breakdown for the program. If the funds are intended for a multi-year program please specify the amount budgeted for each year.

Ravalli County Wellness Proposal 070824.pdf

### Multi-Region funding

If funding is being requested from multiple abatement regions attach a detailed breakdown of amount requested from each region.

### Multi-Region approval/denial

Does the application need to be approved by all regions to effectively accomplish it's goals?

No

### Source of Funding\*

Does the program currently receive funding from another source? If yes, please explain in detail. (i.e. amount, funding source, etc.)

Grant funding is intended for the creation or expansion of opioid prevention, treatment, and recovery projects. The money is **NOT** meant to replace or supplant existing funding.

This is a new program to our agency, and we do not have any existing funding.

### Do you have a Fiscal Agent\*

Yes

## *Multi-Region request funding additional information*

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### Regional Funding

Please explain in detail the effectiveness of the program, for each region, if not every region approves the application.

NA

## *Fiscal Agent Contact Info*

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### Fiscal Agent Name\*

Ravalli County

## Fiscal Agent Email Address\*

jexner@rc.mt.gov

## Program Abstract

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### Program Description\*

Describe the objectives of this project. Provide a detailed overview of the program, including its purpose, priorities & objectives, and intended results.

The objectives of utilizing Lexipol for the Ravalli County Sheriff's Office is to provide our deputies, chaplains and individuals within the Ravalli County Sheriff's Office who interact with community members daily, the resources needed for wellness while managing the ongoing stress and exposure to critical events. The purpose of utilizing the Cordico Law Enforcement Wellness Solution is to allow our personnel instant access to these services at their convenience due to the unpredictable hours they work each week and weekend.

### Program Reach

If you are requesting funds from multiple Abatement Regions please specify how your program serves each region. **Be specific.**

NA

### Specific Goals\*

What are the specific goals of the program? List several goals the program hopes to accomplish and how the program intends to meet these goals.

The goal of this program is to improve the mental health and well-being of our agency employees. By utilizing the Cordico App, we hope to strengthen our overall culture by providing stigma free access to culturally competent therapists and counseling resources, empower individuals on our peer support team, help officers cope with the effects of chronic exposure to critical events and improve officer decision making, empathy, and resiliency, which in turn enhances deputy/community relations.

### Evaluation Method\*

Describe how you plan to evaluate the effectiveness of the program and what the method for evaluation will be.

We will collect data quarterly via Microsoft forms to evaluate the effectiveness of this program. Jaime Biesiot, Ravalli County Sheriff's Office Behavioral Health Manager, will be responsible for the distribution and tracking of this data.

## Data Source\*

What information are you going to collect or use to demonstrate you have accomplished your goals?

If funded, the Ravalli County Sheriff's Office will create an anonymous Microsoft form that will be distributed to our agency quarterly to collect data regarding the effectiveness of this program. This form will include the following topics and questions:

1. Average weekly use of the App
2. Top 5 most used Wellness Guides (There are over 60 to choose from and they include: Substance Abuse, Posttraumatic Stress, Burnout, Healthy Habits, Grief and Loss etc.
2. Reported improvement of officer wellness (Scale of 1-10)
3. Use of Self-Assessment
4. Number of users connected to in-person therapist
5. What resources do you still need?

This will be a living document and we will add to it over the year, when appropriate.

## Awareness\*

How do you plan to create awareness of this program? Briefly describe what action the program plans to take to create awareness in the community.

Our program awareness will be within the Ravalli County Sheriff's Office and will be supported by our Sheriff, Undersheriff and all administrative staff. Jaime Biesiot, Behavioral Health Manager and Detective Dan Mendonca, Wellness Coordinator for the Ravalli County Sheriff's Office, will provide a presentation of the Cordico App to all staff for a demonstration of how it can be utilized. Raymond Jones, our Lexipol representative, will also provide technical assistance to the RSCO as needed throughout the 12 months of this contract.

## *Additional Documents*

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Use this section to upload or explain any additional information regarding the program/organization. ie. a detailed budget projection, program/organization history, etc.

Upload #1

Upload #2

Upload #3

## Additional Information

We appreciate your consideration of our request. Thank you.

# File Attachment Summary

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## *Applicant File Uploads*

- Ravalli County Wellness Proposal 070824.pdf



# SOLUTIONS PROPOSAL



**PREPARED FOR:**

Ravalli County  
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## Executive Summary

Public safety agencies and local government organizations today face challenges of keeping personnel safe and healthy, reducing risk and maintaining a positive reputation. Add to that the dynamically changing legislative landscape and evolving best practices, and even the most progressive, forward-thinking departments can struggle to keep up.

Lexipol's solutions are designed to save you time and money while protecting your personnel and your community. Our team consists of professionals with expertise in public safety law, policy, state and federal accreditation, training, mental and physical wellness and grants. We continually monitor changes and trends in legislation, case law and best practices and use this knowledge to create policies, training, wellness resources and funding services that minimize risk and help you effectively serve your community.

### **THE LEXIPOL ADVANTAGE**

Lexipol was founded by public safety experts who saw a need for a better, safer way to run a public safety agency. Since the company launch in 2003, Lexipol has grown to form an entire risk management solution for public safety and local government. Today, we serve more than 10,000 agencies and municipalities and 2 million public safety and government professionals with a range of informational and technological solutions to meet the challenges facing these dynamic industries. In addition to providing policy management, accreditation, online training, wellness resources, and grant assistance, we provide 24/7 industry news and analysis through the digital communities Police1, FireRescue1, Corrections1, EMS1 and Gov1.

Our customers choose Lexipol to make an investment in the safety and security of their personnel, their agencies and their communities. We help agencies address issues that create substantial risk, including:

- Inconsistent and outdated policies
- Lack of technology to easily update and issue policies and training electronically
- Unchecked mental health needs of staff
- Difficulty keeping up with new and changing legislation and practices
- Inability to produce policy acknowledgment and training documentation
- Unfamiliarity of city legal resources with the intricacies of public safety law
- The need to secure grant funding for critical equipment, infrastructure and personnel

Lexipol is backed by the expertise of 440 employees with more than 2,075 years of combined experience in constitutional law, civil rights, ADA and discrimination, mental health, psychology, labor negotiations, Internal Affairs, use of force, hazmat, instructional design, federal and state grants and a whole lot more. That means no more trying to figure out policy, achieve accreditation, develop training or wellness content, or secure funding on your own. You can draw on the experience of our dedicated team members who have researched, taught and lived these issues.

We look forward to working with Ravalli County to address your unique challenges.

## Scope of Services

### **Cordico Peer Support Training and Certification Annual Subscription**

Cordico's Training and Certification Peer Support membership provides industry-leading best practices and adheres to national guidelines to ensure your peer teams are comprehensively equipped to offer proactive, reactive and post-incident support. With a strong foundation in ethical and legal standards, our membership is tailored to empower both new and established programs with excellence in service and support. Annual memberships include:

- 100% online and asynchronous training
- 25 hours of core curriculum for peer support member certification
- Certificate of completion along with Peer Support Certified Badge
- Numerous CEU hours of advanced training
- Live and interactive webinars with peer support subject matter experts
- Peer support toolkit with downloadable resources to enhance your peer support team

### **Cordico Wellness Solution**

Public safety personnel frequently face high-stress situations, traumatic events and unique workplace challenges that can significantly impact their mental health and overall wellbeing. In addition to these stressors, they face the stigma around asking for help and the fear of being seen as weak or unfit for duty. Lexipol's Cordico wellness solution provides a completely anonymous platform for personnel to proactively seek help. The app includes a complete range of self-assessments, one-touch access to crisis support lines, and a directory with your agency's peer support team, chaplains, and therapists. Also included are wellness toolkits with over 60 behavioral health guides on topics like family and relationships, physical fitness and nutrition, and more.

- Maintain anonymity with a single agency login.
- Provide your personnel with 24/7 access to confidential assessments and counseling resources.
- Help personnel cope with the effects of critical events and chronic exposure to trauma.
- Empower your peer support team by placing their contact information at the fingertips of your personnel.
- Improve personnel decision-making, empathy and resilience, enhancing the service your organization provides.
- Personalize your app with your agency's badge and a welcome video from your leadership.
- Support agency retirees and family members (included with agency subscription).

# Proposal

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Quote #: Q-85015-2  
Date: 6/10/2024  
Valid Through: 9/8/2024

## Overview

Lexipol empowers first responders and public servants to best meet the needs of their residents safely and responsibly. We are the experts in policy, training and wellness support, committed to improving the quality of life for all community members. Our solutions include state-specific policies, online learning, behavioral health resources, funding assistance, and industry news and information offered through the websites Police1, FireRescue1, EMS1 and Corrections1. Lexipol serves more than 2 million public safety and government professionals in over 10,000 agencies and municipalities. The services proposed below are designed to meet your agency's specific goals and needs.

### Cordico App Annual Subscription

QTY	DESCRIPTION	UNIT PRICE	DISC	DISC AMT	EXTENDED
1	Cordico Wellness App (12 Months)	USD 11,999.00	10%	USD 1,199.90	USD 10,799.10
	<b>Subscription Line Items Total</b>			<b>USD 1,199.90</b>	<b>USD 10,799.10</b>
				<b>USD 1,199.90</b>	<b>USD 10,799.10</b>
<b>Cordico App Annual Subscription Discount:</b>					USD 1,199.90
<b>Cordico App Annual Subscription TOTAL:</b>					USD 10,799.10

### Peer Support Certification Subscription

QTY	DESCRIPTION	UNIT PRICE	DISC	DISC AMT	EXTENDED
1	Peer Support Training and Certification Annual Subscription (12 Months)	USD 399.00		USD 0.00	USD 399.00
	<b>Subscription Line Items Total</b>			<b>USD 0.00</b>	<b>USD 399.00</b>
				<b>USD 0.00</b>	<b>USD 399.00</b>
<b>Peer Support Certification Subscription TOTAL:</b>					USD 399.00

### Discount Notes

Policy Customer