BTL Prevention & Recovery Program

2025 Montana Opioid Abatement Trust Grants

Be the Light International

Katrina Shull 2705 Southhills Drive Missoula, MT 59803

beghelightint@gmail.com 0: 406-880-5289

Katrina Shull

2705 Southhills Drive Missoula, MT 59803 bethelightint@gmail.com 0: 406-880-5289

Application Form

Region Selection

To collaborate with someone else on this request, click the blue "Collaborate" button in the top-right corner.

Project Name*

BTL Prevention & Recovery Program

You may only select one Abatement Region, if you are applying for funding from more than one region you will need to fill out and submit a separate application for each region.

Select Multi County Abatement Region OR Metro Region*

Select the Multi-County Abatement Region <u>OR</u> the Metro Region you are requesting grant funds from. Click <u>HERE</u> for a detailed map of Multi-County Regions and Metro Regions.

Abatement Region 5

Application Overview

About the Organization/Program*

Give a brief description of the Organization/Program/Project. Include the mission statement and the services provided.

Our mission is to help lead people out of the darkness and come alongside them to find their true worth.

At Be The Light International, we are dedicated to guiding individuals from challenging circumstances toward a brighter future. Through mentorship, outreach, and recovery programs, we support those facing life-controlling issues such as PTSD, substance abuse, and trauma. Our goal is to foster resilience, self-worth, and a renewed sense of purpose

Globally we go out to help in any way that is needed. We travel to serve, not to implement our way of thinking, rather assist in empowering leaders with tools for community sustainability.

We are, in a unique way, using our painful past to help others out of darkness. Your support enables us to continue our mission of transforming lives and fostering hope. Together, we can illuminate the path for those seeking a brighter tomorrow.

BE THE LIGHT

We are called to illuminate the dark places to help find the light. Not only to bring people out of darkness but to come alongside them and help them know they are truly loved and that have a purpose.

What category does the program fit into*

Check the category/categories the program fits into. You may select more than one option.

Click **HERE** for a list of approved opioid remediation uses

Prevention Recovery

Exhibit E List of Opioid Remediation Uses

Schedule A - select all that apply

E. EXPANSION OF WARM HAND-OFF PROGRAMS AND RECOVERY SERVICES

G. PREVENTION PROGRAMS

Exhibit E List of Opioid Remediation Uses

Schedule B - select all that apply

B. SUPPORT PEOPLE IN TREATMENT & RECOVERY

C. CONNECTIONS TO CARE

H. PREVENT OVERDOSE DEATHS & OTHER HARMS (HARMS REDUCTION)

How does the program meet the Opioid Remediation Guidelines*

In detail, describe how the program fits into the approved Opioid Remediation Guidelines selected in the above question.

Please be specific

Be The Light International (BTLI) is a faith-based nonprofit organization dedicated to supporting individuals overcoming trauma and addiction through comprehensive recovery programs and community outreach. Their mission aligns with the Opioid Remediation Guidelines (ORG), which outline strategies for addressing the opioid crisis through prevention, treatment, recovery, and harm reduction efforts.

Alignment with Opioid Remediation Guidelines

Prevention of Opioid Misuse

BTLI's mentorship and outreach programs aim to prevent substance misuse by addressing underlying issues such as trauma and PTSD. This approach aligns with ORG's emphasis on evidence-based prevention strategies, including community education and support for at-risk populations.

Treatment and Recovery Support

BTLI provides recovery programs that support individuals facing substance abuse challenges. Their services foster resilience and self-worth, contributing to sustained recovery. This aligns with ORG's focus on expanding access to treatment and recovery services, including support for individuals with co-occurring mental health conditions.

Community Engagement and Support

BTLI's faith-based approach emphasizes community involvement and support, which is consistent with ORG's recommendation to engage non-profits and faith-based communities in prevention and recovery efforts. Their global outreach also reflects ORG's encouragement of community-based education and intervention services.

Conclusion

Be The Light International's programs demonstrate a commitment to addressing the opioid crisis through prevention, treatment, and community support. Their alignment with the Opioid Remediation Guidelines positions them as a valuable partner in efforts to combat opioid misuse and support affected individuals and communities.

New Program or Existing*

Is the funding intended for a new program or to expand an existing program?

A new program for your region.

Fiscal Information

Requested Amount*

\$10,000.00

Program Budget*

How will the funds be allocated? Attach a detailed line item budget breakdown for the program. If the funds are intended for a multi-year program please specify the amount budgeted for each year.

Program Budget_ Be The Light International - Opioid Recovery Support Program.pdf

Source of Funding*

Does the program currently receive funding from another source? If yes, please explain in detail. (i.e. amount, funding source, etc.)

Grant funding is intended for the creation or expansion of opioid prevention, treatment, and recovery projects. The money is **NOT** meant to replace or supplant existing funding.

Source of Funding

At present, Be The Light International (BTLI) does not receive any dedicated funding specifically for its opioid prevention, treatment, or recovery programs. The organization currently operates on a combination of private donations, small-scale community fundraising efforts, and limited unrestricted contributions from faith-based supporters and individual donors.

Private Donations: BTLI receives approximately \$8,000–\$20,000 annually in general donations. These funds support the organization's overall operations, including international missions, trauma-informed mentorship, and basic administrative costs. However, these donations are not earmarked or allocated for opioid-specific initiatives.

In-Kind Contributions: BTLI has received non-monetary support in the form of volunteer hours, donated event space, and material donations (such as Bibles, journals, and printed curriculum). While deeply valued, these resources do not substitute for structured financial investment in program expansion or infrastructure.

No Government or Institutional Funding: To date, BTLI has not received local, state, or federal grants, nor any funding from healthcare institutions, insurance providers, or foundations related to substance abuse prevention or treatment.

Clarification Regarding Use of Funds

This grant funding request is not intended to replace or supplant existing funds, as no existing funds are currently allocated to opioid remediation efforts. Rather, this \$10,000 request is for the creation and initial implementation of a structured opioid recovery support program that directly aligns with the Opioid Remediation Guidelines — with a specific focus on trauma-informed care, peer mentorship, and prevention within at-risk populations.

Do you have a Fiscal Agent*

No

Program Abstract

Program Description*

Describe the objectives of this project. Provide a detailed overview of the program, including its purpose, priorities & objectives, and intended results.

Program Description: Be The Light International – Trauma-Informed Opioid Recovery Program
Be The Light International (BTLI) seeks to launch a trauma-informed opioid prevention and recovery
program that provides community-based support to individuals and families impacted by opioid use disorder
(OUD). This initiative is rooted in the understanding that trauma is often a precursor to addiction, and that
sustainable recovery requires healing at the emotional, spiritual, and relational levels. The program will blend
evidence-informed recovery strategies with compassionate, faith-inspired mentorship to meet individuals
where they are and walk with them toward freedom and restoration.

Purpose and Priorities:

The primary purpose of the program is to expand access to recovery resources for individuals struggling with opioid misuse, especially those without insurance, housing stability, or strong support systems. The program aligns directly with the Opioid Remediation Guidelines, specifically in the categories of:

Prevention and early intervention for at-risk individuals, using trauma-informed group sessions and mentorship.

Treatment and recovery support through peer-led support groups, recovery resources, and educational events.

Community engagement, by mobilizing local mentors, churches, and volunteers to build a safety net around recovery.

Program Objectives:

Establish two trauma-informed recovery support groups serving at least 25 individuals within 12 months.

Train and support three peer mentors with lived experience to provide consistent encouragement and accountability.

Distribute 25 trauma-informed recovery kits (workbooks, journals, Bibles, and wellness tools) to group participants.

Host three opioid awareness and healing events open to the broader community to reduce stigma and educate families.

Build a replicable framework for faith-based recovery support that can be adapted in other high-need areas.

Intended Outcomes:

The program will foster stronger emotional and spiritual resilience, reduce relapse risk, and reconnect participants with purpose and community. Through its trauma-informed lens, the initiative will create a judgment-free space for healing that restores dignity and self-worth. Community engagement efforts will further equip families and local leaders to recognize opioid risk factors and intervene with compassion and knowledge.

Conclusion:

This initiative fills a critical gap by providing grassroots, trauma-informed support to individuals often left behind by traditional recovery systems. With this funding, BTLI will launch a scalable, sustainable program that not only addresses opioid misuse, but the trauma that fuels it—transforming lives from the inside out.

Specific Goals*

What are the specific goals of the program? List several goals the program hopes to accomplish and how the program intends to meet these goals.

Specific Goals of the Be The Light International – Trauma-Informed Opioid Recovery Program Be The Light International (BTLI) is committed to addressing opioid misuse through a trauma-informed, community-centered recovery model. The program is designed to reach individuals who are struggling with addiction and the unhealed trauma that often underlies it. The following goals reflect our commitment to long-term, sustainable healing:

Goal 1: Establish Support Groups for Individuals in Recovery

Objective: Launch and facilitate at least two trauma-informed support groups serving a minimum of 25 individuals over 12 months.

Method: Groups will meet monthly and be led by trained facilitators using a trauma-informed curriculum that includes peer discussion, recovery tools, and spiritual support for those who desire it.

Goal 2: Train and Support Peer Recovery Mentors

Objective: Equip at least three individuals with lived experience to serve as peer mentors.

Method: Mentors will receive training in trauma-informed care, listening skills, and ethical support practices. They will provide one-on-one mentorship to participants and help facilitate group sessions.

Goal 3: Distribute Recovery Resource Kits

Objective: Provide 25 recovery kits to participants to reinforce healing and promote self-reflection between sessions.

Method: Kits will include journals, recovery workbooks, spiritual literature, and calming or wellness tools. These will be introduced during group sessions and supported through mentoring.

Goal 4: Increase Community Awareness and Engagement

Objective: Host three public education and outreach events focused on opioid awareness, trauma recovery, and prevention.

Method: Events will include personal testimonies, expert speakers, and resource distribution. Designed to reduce stigma and mobilize community action, these gatherings will be open to the public and hosted in accessible community spaces.

Goal 5: Create a Sustainable and Replicable Model

Objective: Develop materials and protocols to replicate the program in new locations.

Method: Document all program activities, collect participant feedback, and refine tools to build a digital resource kit for future implementation by BTLI or partner organizations.

Together, these goals reflect BTLI's mission to bring lasting healing and hope to those affected by opioid use disorder—by addressing both the visible symptoms and the often invi

Evaluation Method*

Describe how you plan to evaluate the effectiveness of the program and what the method for evaluation will be.

Evaluation Method

(BTLI) will evaluate the Trauma-Informed Opioid Recovery Program's effectiveness using a comprehensive, mixed-methods approach to capture both quantitative outcomes and qualitative insights. This approach ensures the program's objectives are met and provides data to guide continuous improvement.

1. Participant Assessments:

At program entry, each participant will complete a baseline assessment covering opioid use history, trauma exposure, mental health status, and recovery goals. Progress will be tracked monthly through attendance logs, facilitator and peer mentor observations, and self-reported updates on coping skills and sobriety. At program completion, a follow-up assessment will measure changes in substance use, emotional well-being, and connection to recovery resources.

2. Pre- and Post-Program Surveys:

Participants will complete surveys before and after the program to evaluate changes in knowledge of opioid risks, trauma awareness, stigma, and confidence in maintaining recovery. These surveys will include scaled questions and open-ended responses to capture detailed feedback.

3. Peer Mentor and Facilitator Reports:

Mentors and facilitators will submit monthly reports documenting participant engagement, challenges, and group dynamics. Regular supervision meetings will allow the team to analyze these insights and adjust the program to better meet participant needs.

4. Community Event Feedback:

After each of the three planned community outreach events, attendee surveys and participation data will be collected to assess event impact, community awareness, and engagement. Feedback will inform future outreach and education efforts.

5. Data Analysis and Reporting:

BTLI will aggregate quantitative data (attendance, relapse rates, survey scores) and qualitative feedback (participant stories, mentor observations) into quarterly evaluation reports. These reports will identify trends, measure progress against goals, and recommend program enhancements. They will be shared with stakeholders for transparency and accountability.

6. Long-Term Follow-Up:

Where possible, BTLI will conduct six-month post-program follow-ups to assess sustained recovery and community integration, gathering valuable information on long-term outcomes.

Combining structured data collection with personal insights, this evaluation method provides a robust understanding of program impact, inform ongoing improvements, and support replication efforts in other communities.

Data Source*

What information are you going to collect or use to demonstrate you have accomplished your goals?

Data Source

(BTLI) will utilize a combination of quantitative and qualitative data to demonstrate progress toward program goals and to ensure accountability, transparency, and continuous improvement. The following data sources will be systematically collected and reviewed throughout the program:

1. Participant Intake and Exit Assessments

Participants will complete assessments at the beginning and end of the program to capture key indicators of progress. Intake forms will gather data on opioid use history, trauma background, mental health status, and personal recovery goals. Exit assessments will measure changes in sobriety status, emotional resilience, coping strategies, and connection to support systems.

2. Attendance and Engagement Logs

Detailed attendance records will be maintained for all support group sessions and community outreach events. These logs will help track participant retention, frequency of engagement, and consistency—important factors in recovery success. Facilitators will also document general observations of participation and group dynamics.

3. Pre- and Post-Program Surveys

Surveys will be administered to participants before and after their involvement in the program to assess shifts in knowledge about opioid use, trauma awareness, stigma, and confidence in sustaining recovery. Surveys will include Likert-scale questions for measurable data, as well as open-ended questions for narrative insights.

4. Mentor and Facilitator Reports

Peer mentors and facilitators will submit monthly narrative reports summarizing participant engagement, challenges encountered, behavioral improvements, and group cohesion. These qualitative reports will offer important context and help identify emerging needs or opportunities for program adjustments.

5. Community Event Feedback

For the three planned community outreach events, BTLI will collect sign-in sheets, basic demographic data, and anonymous feedback forms to assess knowledge gained, stigma reduction, and interest in recovery services. This data will help measure the reach and impact of community education efforts.

6. Follow-Up Contacts

When possible, six-month follow-up surveys or check-ins will be conducted with program participants to assess long-term outcomes, including continued sobriety, ongoing support engagement, and perceived quality of life improvements.

Awareness*

How do you plan to create awareness of this program? Briefly describe what action the program plans to take to create awareness in the community.

Awareness

\ (BTLI) recognizes that awareness is critical to the success of any opioid recovery and prevention initiative. To ensure community engagement, participation, and support, BTLI will implement a multi-layered outreach strategy tailored to reach individuals, families, and community partners affected by or concerned with opioid use and trauma.

1. Community Partnerships and Referrals

BTLI will actively collaborate with local organizations, including recovery centers, mental health clinics, faith-based institutions, housing programs, and correctional re-entry services. These partnerships will serve as referral pipelines, allowing BTLI to reach individuals in need of trauma-informed recovery support. BTLI will provide flyers, brochures, and presentations to partner agencies to introduce the program and offer enrollment pathways.

2. Targeted Print and Digital Outreach

BTLI will design clear, compassionate messaging and distribute printed materials such as posters, postcards, and brochures in high-traffic locations, including community centers, treatment facilities, libraries, churches, shelters, and food banks. Digital outreach will include a focused social media campaign using Facebook, Instagram, and local online forums to share recovery stories, promote support groups, and advertise upcoming events.

3. Community Events and Speaking Engagements

The program will host three public outreach events during the year, aimed at raising awareness around the opioid crisis, the connection between trauma and addiction, and available recovery supports. These events will include testimony from individuals in recovery, educational presentations, and opportunities to connect with resources. BTLI will also seek opportunities to speak at civic groups, recovery forums, and town halls to extend the program's reach.

4. Storytelling and Testimonials

BTLI will use the power of lived experience to reduce stigma and increase trust. With participant consent, stories of healing and transformation will be shared anonymously in outreach materials, digital content, and presentations. These stories will highlight the real-life impact of trauma-informed care in recovery.

5. Website and Contact Portal

BTLI's website will serve as a central hub with detailed information about the program, enrollment procedures, event calendars, and resources. A secure contact form will allow potential participants or referring partners to request more information or make referrals directly.

Additional Documents

Tax Exempt Organization*

By clicking this box you are confirming the applying organization is a tax exempt organization.

Yes

Tax Exempt Determination Letter*

Please upload a copy of the Organization 501(C)(3) Tax Exempt Determination Letter.

Certification Letter-14068326.pdf

Use this section to upload or explain any additional information regarding the program/organization. ie. a detailed budget projection, program/organization history, etc.

Upload #1

Upload #2

Upload #3

Additional Information

Additional Information

Be The Light International (BTLI) was founded on the belief that healing from trauma is essential to breaking the cycle of addiction, particularly in communities impacted by the opioid epidemic. Our organization combines evidence-based strategies with the lived experience of survivors to create a deeply empathetic and empowering recovery environment.

What sets BTLI apart is its trauma-informed, peer-led model, which addresses the root causes of opioid use disorder rather than only its symptoms. We understand that many individuals struggling with addiction have experienced significant trauma—especially during childhood—and we provide programming that honors their stories while equipping them with tools for long-term resilience.

This initiative is more than a treatment effort; it is a movement to restore dignity, rebuild identity, and reconnect individuals to community. The funds requested will directly support the expansion of BTLI's reach and ensure that more individuals—particularly those underserved or overlooked by traditional systems—can access trauma-informed healing and recovery resources.

Additionally, BTLI has a strong commitment to accountability and transparency. Our leadership team includes professionals with expertise in recovery, peer mentoring, nonprofit administration, and evaluation. We are ready to execute this program with integrity, compassion, and measurable impact.

Lastly, BTLI is exploring opportunities to replicate and scale this program across other Montana communities in future years, using the data and lessons learned from this initial implementation as a blueprint. With this funding, we aim not only to change individual lives but to contribute to a broader transformation in how recovery is understood and delivered statewide.

File Attachment Summary

Applicant File Uploads

- Program Budget_ Be The Light International Opioid Recovery Support Program.pdf
- Certification Letter-14068326.pdf

Program Budget: Be The Light International – Opioid Recovery Support Program

Total Requested Funds: \$10,000

Program Duration: 12 months (1 year)

Line Item	Description	Amoun t
1. Personnel		
Recovery Program Facilitator (Part-time)	Stipend for 1 certified facilitator (10 hrs/month @ \$25/hr x 12 months)	\$3,000
Peer Support Mentor Stipends	Stipends for 3 mentors @ \$100/month x 12 months	\$3,600
2. Program Materials		
Participant Workbooks & Curriculum	Trauma-informed recovery materials (25 sets @ \$20 each)	\$500
Journals, Bibles & Inspirational Books	Supplies for group sessions (25 participants)	\$300
3. Community Outreach & Engagement		
Recovery Event Expenses	Supplies, refreshments, and guest speaker honoraria (3 events @ \$200 each)	\$600
Printed Outreach Materials	Flyers, brochures, posters (design & printing)	\$300
4. Facility & Equipment		
Room Rental for Support Groups	Community center space (\$75/month x 6 months; other 6 months in-kind)	\$450
Audio/Visual Equipment Rental	Occasional use for workshops and speakers	\$250
5. Administrative Expenses		
Program Management & Reporting Support	Part-time admin support for tracking, compliance, and reporting (flat fee)	\$500
Office Supplies	Paper, pens, printer ink, folders, etc.	\$200
TOTAL		\$10,000

Notes:

- Multi-Year Consideration: If the program extends beyond 12 months, funding for recurring line items (facilitator, mentors, materials) would be prioritized in subsequent budgets. This proposal reflects a one-year pilot program that may be scaled with future funding.
- **In-Kind Contributions:** Facility use for six months, volunteer administrative support, and donated materials from partner organizations not reflected in this budget.
- **Scalability:** Should BTLI receive additional funding, the program may expand to serve more participants, increase mentor stipends, and host additional outreach events.



MONTANA SECRETARY OF STATE —

Return Method: Email June 28, 2020

KATRINA ANGELINA SHULL 2705 SOUTHHILLS DRIVE MISSOULA MT 59803

CERTIFICATION LETTER

I, COREY STAPLETON, Secretary of State for the State of Montana, do hereby certify that

Be The Light International

filed its Articles of Incorporation with this office and has fulfilled the applicable requirements set forth in law. By virtue of the authority vested in this office, I hereby issue this certificate evidencing the filing is effective on the date shown below.

Certified File Number: D1163479 - 14068326

Effective Date: July 04, 2020

Your company's annual report is due by April 15th of next year and each consecutive year thereafter.

Thank you for being a valued member of the Montana business community. I wish you continued success in your future endeavors.

Corey Stapleton

Montana Secretary of State