

# Telehealth and Youth Resources for Opioid and Drug Abuse Prevention in Roundup, Montana

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*2025 Montana Opioid Abatement Trust  
Grants-second half of 2025*

## ***Jody Alise Foundation***

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# Application Form

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## *Region Selection*

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To collaborate with someone else on this request, click the blue "Collaborate" button in the top-right corner.

### **Project Name\***

Telehealth and Youth Resources for Opioid and Drug Abuse Prevention in Roundup, Montana

**You may only select one Abatement Region, if you are applying for funding from more than one region you will need to fill out and submit a separate application for each region.**

### **Select Multi County Abatement Region OR Metro Region\***

Select the Multi-County Abatement Region **OR** the Metro Region you are requesting grant funds from. Click [HERE](#) for a detailed map of Multi-County Regions and Metro Regions.

Abatement Region 3

### **Regional Funding Request\***

If you are applying to multiple regions, please select all the regions to which you are submitting applications.

N/A

## *Application Overview*

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### **About the Organization/Program\***

Give a brief description of the Organization/Program/Project. Include the mission statement and the services provided.

The Jody Alise Foundation is dedicated to addressing the opioid and drug crisis in Roundup, Montana, by focusing on mental health prevention. Our mission is to provide early intervention through accessible mental health services, youth engagement programs, and behavioral health support, ensuring a proactive approach to opioid abuse prevention. We partner with organizations like Integrity Therapeutics and Catalyst for Change to bring sustainable mental health solutions to Roundup. Our services include free counseling, behavioral health programs, and community-based interventions aimed at reducing substance abuse through education, prevention, and support.

## What category does the program fit into\*

Check the category/categories the program fits into. You may select more than one option.

Click [HERE](#) for a list of approved opioid remediation uses

Prevention

## Exhibit E List of Opioid Remediation Uses

*Schedule A - select all that apply*

G. PREVENTION PROGRAMS

## Exhibit E List of Opioid Remediation Uses

*Schedule B - select all that apply*

B. SUPPORT PEOPLE IN TREATMENT & RECOVERY

C. CONNECTIONS TO CARE

G. PREVENT MISUSE OF OPIOIDS

H. PREVENT OVERDOSE DEATHS & OTHER HARMS (HARMS REDUCTION)

J. LEADERSHIP, PLANNING, & COORDINATION

K. TRAINING

## How does the program meet the Opioid Remediation Guidelines\*

Provide a detailed explanation of how the program fits into the approved Opioid Remediation Guidelines selected in the above question.

*Please be specific*

The Jody Alise Foundation's initiative in Roundup, Montana, aligns with the Opioid Remediation Guidelines by providing prevention-focused, community-based mental health services designed to reduce risk factors for opioid misuse and increase access to care.

Through partnerships with Integrity Therapeutics and Catalyst for Change, the program delivers evidence-based prevention strategies, including free individual and group counseling, a structured youth engagement program, and telehealth access to addiction and trauma specialists. These services address trauma, stress, isolation, addiction, and mental health challenges — all key drivers of future substance use.

Prevention efforts include mentorship and behavioral support within the school system, providing early intervention and fostering protective factors known to reduce substance misuse.

The program removes barriers to care by offering services in person and access to over 75 behavioral health professionals via telehealth. Integrity Therapeutics is embedded in the local community and Catalyst for Change brings a proven track record of delivering effective addiction prevention services across rural Montana.

Program evaluation will use both quantitative and qualitative methods, tracking participation rates, counseling utilization, behavioral outcomes, and participant feedback. This data-driven approach will guide continuous improvement and measure program effectiveness.

By coordinating local resources, expanding access to care, and fostering mental wellness in youth, the Jody Alise Foundation provides a comprehensive prevention model that addresses the root causes of opioid misuse while building long-term community resilience.

### New Program or Existing\*

Is the funding intended for a new program or to expand an existing program?

A new program for your region.

## *Fiscal Information*

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### Requested Amount\*

\$98,000.00

### Program Budget\*

How will the funds be allocated? Attach a detailed line item budget breakdown for the program. If the funds are intended for a multi-year program please specify the amount budgeted for each year.

MOAT Budget JAF July 2025.xlsx

### Source of Funding\*

Does the program currently receive funding from another source? If yes, please explain in detail. (i.e. amount, funding source, etc.)

Grant funding is intended for the creation or expansion of opioid prevention, treatment, and recovery projects. The money is **NOT** meant to replace or supplant existing funding.

Currently, the Jody Alise Foundation operates on private donations via the founder who has pledged personal financial resources to bolster mental and emotional health in her community of Roundup. This grant will allow us to expand services, ensuring long-term sustainability. No existing funding will be supplanted.

### Do you have a Fiscal Agent\*

No

## *Program Abstract*

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### **Program Description\***

Describe the objectives of this project. Provide a detailed overview of the program, including its purpose, priorities & objectives, and intended results.

The Jody Alise Foundation is launching a comprehensive mental health prevention initiative in Roundup, Montana, to address the opioid crisis at its roots by fostering resilience, connection, education, and early intervention for at-risk youth. As part of this initiative, the Foundation will fund and coordinate services from Integrity Therapeutics and Catalyst for Change—two trusted providers whose evidence-based programs can be brought into underserved communities.

A key component of the initiative is individualized support. Each youth in the program will have access to weekly one-on-one therapy with licensed clinical professional counselor Kristin Grimsrud, LCPC. Medicaid or Integrity Therapeutics will cover the cost of therapeutic services, and children will also have the option to participate in group counseling. These sessions aim to equip youth with healthy coping strategies, emotional regulation skills, and support for personal challenges.

Group mentorship will also play a central role. Small youth cohorts will participate in interest-driven activities with positive role models, helping to cultivate a strong sense of belonging and community. Youth mentors will guide group outings to activities chosen by the participants themselves, promoting autonomy and engagement.

Through partnerships with the Roundup Youth Center, local gyms, and other community resources, the program ensures flexible access to safe, youth-friendly spaces. Catalyst for Change will complement these efforts by providing rural telehealth services for the broader community, connecting individuals and families to addiction specialists and behavioral health providers.

The Jody Alise Foundation is managing this initiative with a dedicated monthly budget to support youth programming, local resource connections (including organizations like Backpacker and Catalyst for Change), and wraparound services aimed at preventing opioid misuse. By coordinating these services, the Foundation is creating a replicable, community-based model of early mental health intervention, rooted in prevention, accessibility, and local partnership.

### **Specific Goals\***

Describe the primary goals your program seeks to achieve. For each goal, explain how the program intends to accomplish it.

#### **Establish a Free, Community-Based Mental Health Program**

The program will serve as a comprehensive prevention and early intervention model accessible to all Roundup residents. By coordinating services through Integrity Therapeutics and Catalyst for Change, the Jody Alise Foundation will ensure equitable access to mental health resources, counseling, and support systems, with options for in-person or telehealth visits.

#### **Support Youth Through Individual and Group Therapy**

Provide free, weekly one-on-one therapy sessions for youth with a licensed LCPC (Kristin Grimsrud), as well as group therapy options. These services will address trauma, anxiety, depression, and behavioral challenges—key risk factors for future substance misuse. Services are covered through Medicaid or Integrity Therapeutics, ensuring no cost barriers.

### Embed Behavioral Support Within the School System

Place a behavioral aide at Roundup Elementary School to support at-risk children, model healthy behaviors, and provide early intervention in a familiar educational environment.

### Increase Access to Addiction and Trauma Specialists Through Telehealth

Catalyst for Change will expand rural telehealth offerings, enabling individuals and families to connect with qualified addiction and trauma specialists regardless of geographic or financial limitations.

### Build a Strong Network of Mentorship and Community Support

Small group mentorship will surround youth with positive role models. Mentors will guide activities while modeling emotional regulation and healthy communication. Groups will be flexible and shaped by youth input to increase ownership and participation.

### Connect Youth and Families to Local Resources

Through partnerships with organizations like Backpacker and community facilities such as the Youth Center and gym, the program will offer families a gateway to additional services including financial guidance, basic needs assistance, and opportunities for youth employment or skill-building.

## Evaluation Method\*

Please explain in detail how you will gauge the effectiveness and overall impact of the program. What specific evaluation methods, tools, or metrics will you use to measure success.

We will evaluate program success through a combination of quantitative and qualitative methods to ensure a comprehensive understanding of impact. Key metrics will include the number of individuals served, frequency of crisis interventions, participation rates, and observed improvements in youth mental health and behavior. Program staff will conduct pre- and post-participation assessments, collect participant and caregiver feedback through structured surveys, and document progress through case studies and session notes.

Additionally, we will use data from the Montana Youth Risk Behavior Survey to monitor broader behavioral trends among youth and identify shifts in substance use, coping mechanisms, and social-emotional wellbeing. Ongoing evaluation will guide program improvements, inform resource allocation, and ensure accountability to our mission of early intervention and prevention.

## Data Source\*

What data or evidence will you collect to show you are meeting your program goals? What specific information, metrics and documentation will you provide to demonstrate the program objectives have been achieved.

Number of youth and families engaged in counseling and activity programs.

School behavioral reports on students receiving behavioral aide support.

Community survey results on mental health awareness and substance use prevention.

Telehealth utilization rates from Catalyst for Change and comprehensive data from their studies.

## Awareness\*

How do you plan to create awareness of this program? Briefly describe what action the program plans to take to create awareness in the community.

To create awareness of the program, we will take a multi-faceted and community-centered approach to outreach and communication. Our efforts will focus on meeting people where they are through trusted local networks, public spaces, and digital platforms—to ensure the program is visible, accessible, and welcomed by the community.

We will host community awareness events focused on mental health, substance misuse prevention, and available resources. These events will be designed to reduce stigma, spark conversation, and invite residents to engage with the program in a safe and supportive environment.

Our outreach strategy includes coordinated efforts across social media, local newspapers, and radio stations to share program updates, success stories, and ways to get involved. We will also collaborate with Roundup Public Schools to distribute information directly to families and work with school counselors and teachers to identify youth who may benefit from services. Printed materials such as flyers, brochures, and posters will be available in schools, clinics, libraries, grocery stores, and other high-traffic locations throughout Roundup.

We will actively partner with local government agencies, healthcare providers, law enforcement, faith-based organizations, and youth-serving nonprofits to amplify our reach and ensure consistent messaging across the community. As part of this effort, we will provide medical providers and first responders with program information and referral guidelines so they can help connect individuals and families to appropriate services—particularly those at risk for substance misuse or behavioral health crises.

Additionally, we plan to engage parents and caregivers through information nights and one-on-one conversations, helping them understand the benefits of early mental health intervention and how to connect their children to services. Youth voices will also play a key role in peer-to-peer awareness; by involving young people in planning activities and mentorship groups, we aim to create organic word-of-mouth and foster a sense of ownership within the community.

This program is a vital step toward addressing the opioid crisis in Roundup, Montana, by proactively investing in youth mental health, community connection, and early intervention. Raising awareness is not just about visibility—it's about building trust, engagement, and long-term community resilience.

## *Additional Documents*

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### Tax Exempt Organization\*

By clicking this box you are confirming the applying organization is a tax exempt organization.

Yes

### Tax Exempt Determination Letter\*

Please upload a copy of the Organization 501(C)(3) Tax Exempt Determination Letter.

Determination Letter Tax Exempt Jody Alise Foundation.pdf

**Use this section to upload or explain any additional information regarding the program/organization. ie. a detailed budget projection, program/organization history, etc.**

## Upload #1

## Upload #2

## Upload #3

### Additional Information

Supplemental Data: Catalyst for Change

Counties Served: Catalyst for Change currently operates in 23 of Montana's 56 counties, with ongoing expansion efforts to reach additional rural and underserved areas.

Provider Network: Over 70 licensed therapists and psychiatric prescribers support Catalyst's telehealth model, working in coordination with locally embedded Community Health Workers (CHWs).

Access to Care: Clients are typically connected to a therapist or prescriber within as little as 72 hours through Catalyst's rapid-response system.

Client Contact Points (2024):

Total: 2,390

CHW interactions: 768

Therapist sessions: 1,409

Prescriber visits: 213

Mental Health Outcomes (6-Month Follow-Up Across 23 Counties):

83% of clients reported improved mood

84% reported increased ability to cope with stress

50% reported decreased depression or suicidal thoughts

Depression Severity at Intake (n=37):

18% no depression

23% mild

18% moderate

24% moderate-severe

17% severe

Youth Suicide-Related Trends – Wheatland County (2019–2023):

Suicidal thoughts decreased from 23% to 10%

Suicide plans decreased from 24% to 15%

Suicide attempts decreased from 14% to 9%

Statewide Youth Suicide Trends (2017–2023):

Suicidal thoughts decreased from 33% to 23%

Suicide plans decreased from 26% to 16%

Suicide attempts decreased from 19% to 8.5%

Client Growth (Selected Counties):

Wheatland County: 96 (2022) → 170 (2024)  
 Sweet Grass County: 79 (2022) → 52 (2024)  
 Other Counties: 9 (2022) → 19 (2024)  
 Total across these counties: 184 (2022) → 241 (2024)

Community Integration: Catalyst is a grant-funded provider under Montana’s Behavioral Health System for Future Generations initiative (HB872), working to embed CHWs into local public health infrastructure and expand access to mental health services.

#### Supplemental Data: Montana Youth Risk Behavior Survey

The 2021 Montana Youth Risk Behavior Survey (YRBS) provides critical insights into the prevalence of substance use among high school students in Musselshell County. These findings underscore the urgent need for targeted mental health and substance abuse prevention programs in our community.

#### Alcohol Use:

**Early Initiation:** A significant percentage of students reported having their first alcoholic drink before the age of 13. Early alcohol use is a known risk factor for later substance abuse.

**Current Consumption:** A notable proportion of students indicated they had consumed alcohol in the 30 days preceding the survey, highlighting ongoing alcohol use among youth.

**Binge Drinking:** A concerning number of students reported engaging in binge drinking—defined as consuming four or more drinks (for females) or five or more drinks (for males) within a couple of hours—during the past 30 days.

#### Marijuana Use:

**Lifetime Use:** A substantial percentage of students reported having used marijuana at least once in their lifetime.

**Early Initiation:** A significant number of students indicated they tried marijuana before the age of 13, pointing to early exposure.

**Current Use:** A notable proportion of students reported using marijuana in the 30 days leading up to the survey.

#### Prescription Drug Misuse:

**Pain Medications:** A concerning percentage of students reported having taken prescription pain medicines without a doctor’s prescription or in a manner different from how they were prescribed.

#### Other Illicit Drug Use:

**Cocaine, Inhalants, Heroin, Methamphetamines, and Ecstasy:** The survey revealed that students have experimented with various illicit substances, including cocaine, inhalants, heroin, methamphetamines, and ecstasy, at least once in their lifetime.

**Injection Drug Use:** A small but significant number of students reported having used a needle to inject illegal drugs.

#### School Environment:

**Drug Availability:** A notable percentage of students reported being offered, sold, or given an illegal drug on school property within the past 12 months, indicating the pervasiveness of drug-related issues within educational settings.

These statistics highlight the critical need for comprehensive mental health and substance abuse prevention initiatives in Musselshell County. By implementing targeted programs that address early intervention, education, and support, we can work towards reducing these concerning trends and fostering a healthier future for our youth.

#### Reference

<https://opi.mt.gov/Portals/182/Page%20Files/YRBS/2021YRBS/Maps-Alcohol%20and%20Other%20Drug%20Use.pdf?ver=2021-07-22-133557-287>  
 Catalyst for Change Annual Report



## File Attachment Summary

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### *Applicant File Uploads*

- MOAT Budget JAF July 2025.xlsx
- Determination Letter Tax Exempt Jody Alise Foundation.pdf

**Jody Alise Foundation – Mental Health Prevention for Opioid and Drug Abuse in F  
Budget**

**Mental Health Counseling & Support Services**

Item

In-Person Therapy Access Support (for uninsured youth, admin, tracking)

Group Counseling Coordination & Supplies (journals, art therapy, etc.)

Behavioral Aide for Roundup Elementary (\$1,500/month x 12 months)

**Total**

**Catalyst for Change – Telehealth Expansion**

Item

Telehealth Services – Coordination, Addiction Specialists Access

Community Outreach Campaign (education, stigma reduction, telehealth use)

Tech Access Fund (hotspots, tablets, subscriptions for underserved users)

Onboarding & Rural Provider Training + Support

**Total**

**Program Management & Admin (Jody Alise Foundation)**

Item

Program Director (stipend @ \$500/month x 12)

Admin Support & Bookkeeping

Insurance, Legal, Compliance

Marketing- Ads, Events, Printing

**Total**

**Total**

## Roundup, Montana

Cost

\$15,000  
\$7,000  
\$18,000  
**\$40,000**

Cost

\$20,000  
\$8,000  
\$7,000  
\$5,000  
**\$40,000**

Cost

\$6,000  
\$4,500  
\$2,500  
\$5,000  
**\$18,000**

**\$98,000**



Department of the Treasury  
Internal Revenue Service  
Tax Exempt and Government Entities  
P.O. Box 2508  
Cincinnati, OH 45201

JODY ALISE FOUNDATION  
C/O JODY DAHL  
260 NUMBER 4 RD  
ROUNDUP, MT 59072

Date:  
06/12/2024  
Employer ID number:  
92-1002356  
Person to contact:  
Name: Markece Robertson  
ID number: 10066  
Telephone: 877-829-5500  
Accounting period ending:  
December 31  
Form 990-PF required:  
Yes  
Effective date of exemption:  
November 1, 2022  
Addendum applies:  
No  
DLN:  
26053752009783

Dear Applicant:

We're pleased to tell you we determined you're exempt from federal income tax under Internal Revenue Code (IRC) Section 501(c)(3). Donors can deduct contributions they make to you under IRC Section 170. You're also qualified to receive tax deductible bequests, devises, transfers or gifts under Section 2055, 2106, or 2522. This letter could help resolve questions on your exempt status. Please keep it for your records.

Organizations exempt under IRC Section 501(c)(3) are further classified as either public charities or private foundations. We determined you're a private foundation within the meaning of Section 509(a).

You're required to file Form 990-PF, Return of Private Foundation or Section 4947(a)(1) Trust Treated as Private Foundation, annually, whether or not you have income or activity during the year. If you don't file a required return or notice for three consecutive years, your exempt status will be automatically revoked.

If we indicated at the top of this letter that an addendum applies, the enclosed addendum is an integral part of this letter.

For important information about your responsibilities as a tax-exempt organization, go to [www.irs.gov/charities](http://www.irs.gov/charities). Enter "4221-PF" in the search bar to view Publication 4221-PF, Compliance Guide for 501(c)(3) Private Foundations, which describes your recordkeeping, reporting, and disclosure requirements.

We sent a copy of this letter to your representative as indicated in your power of attorney.

Sincerely,

Stephen A. Martin  
Director, Exempt Organizations  
Rulings and Agreements