

# Salish Kootenai College Center for Prevention & Wellness Health and Wellbeing Initiative

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*2025 Montana Opioid Abatement Trust  
Grants-second half of 2025*

## ***Salish Kootenai College***

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Audrey Plouffe  
58138 US-93  
Pablo, MT 59855

brandy\_tenas@skc.edu  
O: 406-275-4959

## ***Brandy Tenas***

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# Application Form

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## *Region Selection*

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To collaborate with someone else on this request, click the blue "Collaborate" button in the top-right corner.

### **Project Name\***

Salish Kootenai College Center for Prevention & Wellness Health and Wellbeing Initiative

**You may only select one Abatement Region, if you are applying for funding from more than one region you will need to fill out and submit a separate application for each region.**

### **Select Multi County Abatement Region OR Metro Region\***

Select the Multi-County Abatement Region **OR** the Metro Region you are requesting grant funds from. Click [HERE](#) for a detailed map of Multi-County Regions and Metro Regions.

Lake County Metro Region

### **Regional Funding Request\***

If you are applying to multiple regions, please select all the regions to which you are submitting applications.

Lake County Metro Region

## *Application Overview*

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### **About the Organization/Program\***

Give a brief description of the Organization/Program/Project. Include the mission statement and the services provided.

Salish Kootenai College's (SKC) Center for Prevention & Wellness (CPW) specializes in health promotion and direct services related to mental health counseling and public health services. Our services are free and confidential for all SKC students. We currently provide free clinical counseling services for students, staff and faculty plus their dependents seven days a week on campus through a community based organization partnership. SKC CPW also provides an annual awareness event that focuses on health education and disease prevention by offering free or low-cost health screenings and information that is open to all communities across the Flathead Indian Reservation. SKC services support Tribal and non-Tribal students.

Through our direct programming, we aim to encourage and model healthy living practices (HLP) on SKC campus to help build resilience and belonging to prevent opiate misuse.

A main piece of our prevention work has been through The Bison Resiliency Coalition Project (BRC). This project has been Federally funded and is set to close out in Dec 2025 leaving the SKC campus with no meaningful opiate prevention services on campus. This project focused on direct prevention methods and services like Naloxone distribution and training, capacity building and information surrounding prescription drug safety and disposal and education about alcohol to the SKC Campus.

Prevention Education - Peer Led Education is a student led approach supported by professional advisors, leveraging peer connections to enhance wellness, reduce risks equipped with practical tools to create healthier communities.

Bystander Intervention - An evidence based campus bystander intervention program that uses a community responsibility approach to safely intervene in instances where sexual violence, relationship violence or stalking may occur.

Alcohol Edu and Sexual Assault Prevention for Undergraduates - All first year students must take this training through Vector Solutions.

## What category does the program fit into\*

Check the category/categories the program fits into. You may select more than one option.

Click [HERE](#) for a list of approved opioid remediation uses

Prevention

## Exhibit E List of Opioid Remediation Uses

*Schedule A - select all that apply*

## Exhibit E List of Opioid Remediation Uses

*Schedule B - select all that apply*

G. PREVENT MISUSE OF OPIOIDS

H. PREVENT OVERDOSE DEATHS & OTHER HARMS (HARMS REDUCTION)

## How does the program meet the Opioid Remediation Guidelines\*

Provide a detailed explanation of how the program fits into the approved Opioid Remediation Guidelines selected in the above question.

*Please be specific*

#3. We provided two intervention options for safe storage and disposal of medications/prescription drugs.

1.) Safe Storage: Safe RX Locking Pill Bottles - Safety and Prevention Through Early Intervention - These pill bottles are a smart and easy way to store medications at home, work, school or when traveling. 2.) Safe Disposal: Deterra Drug Deactivation Systems is meant to prevent drug misuse and protect the environment from permanent disposal of unused prescription and over the counter medications.

#6. The Project Director will continue to work with the local and state coalitions to plan more campaigns that address social norms/stigma and increase protective factors such as accessing services, mental health promotion, bringing awareness to help-seeking behaviors and emotional regulation as a way to reduce opiate misuse.

#8. Direct services are geared towards the SKC community, ie. Students, staff, faculty and their families. However, the weekly programming and campus events that are related to alcohol and other drugs and wellness are all offered to the SKC Community and Flathead Indian Reservation, as SKC is a community hub for events, gatherings, training and meals. Campaigns run on social media reach more than just our SKC Community. We have more than 1,100 followers on Facebook and post our events and upcoming activities on

the social media channel. The three top locations of our followers are 1.) Polson (27.7%), 2.) Ronan (25.4%) and 3.) Pablo (13.3%).

#11. Workshops aim to increase problem solving skills and build resilience through learning healthy coping skills to decrease harmful behaviors.

H. Prevention Overdose Deaths and other harms (Harm Reduction)

We maintain 13 Naloxone/Narcan Kits across campus, that hold two doses of narcan, gloves. Breathing mask, instructions on how to administer narcan inside a hard shelled case. We offer quarterly Narcan/Naloxone Training Classes offered to SKC Community (Students, Staff & Faculty).

### New Program or Existing\*

Is the funding intended for a new program or to expand an existing program?

A proposed supplement or expansion to a program.

## Fiscal Information

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### Requested Amount\*

\$51,000.00

### Program Budget\*

How will the funds be allocated? Attach a detailed line item budget breakdown for the program. If the funds are intended for a multi-year program please specify the amount budgeted for each year.

SKC CPW HWI MOAT Budget Request - SKC CPW HWI Budget Breakdown.pdf

### Source of Funding\*

Does the program currently receive funding from another source? If yes, please explain in detail. (i.e. amount, funding source, etc.)

Grant funding is intended for the creation or expansion of opioid prevention, treatment, and recovery projects. The money is **NOT** meant to replace or supplant existing funding.

Funder.	Status.	Amount
Healthy College's Montana	Secured	\$9,000 (Programming) \$4,000 (Professional Development Funds)
NASPA Healthy College's Montana PFS Project	Secured	\$10,000 (Between 2 years - \$5,000 total per year) Programming & Professional Development Funds
Journey to Wellness	Secured	\$30,000 For Direct Counseling Services
MT Community Foundation	Secured	
-Otto Bremer Trust		\$25,000
-Montana Mental Health Access		\$10,000

## Grant for Indigenous Communities

**Do you have a Fiscal Agent\***

No

***Program Abstract*****Program Description\***

Describe the objectives of this project. Provide a detailed overview of the program, including its purpose, priorities & objectives, and intended results.

This one year project aims to equip the SKC community and the Flathead Indian Reservation with the tools, training, and knowledge necessary to reduce the risk of opiate overdose, alcohol misuse, and other drug-related harms.

The intended outcomes for this program are 1) Increased access to prevention resources 2) Enhanced community knowledge of opiate misuse and encourage safe decision-making; 3) Improved mental health literacy and adoption of coping strategies; 4) Culturally grounded resilience through integration of Indigenous teachings and practices. And 5) Decrease risk factors for harmful behaviors for students and the surrounding community.

Funding from the Opioid Abatement Trust will retain the Project Director from the BRC, who will build upon the foundation that has been established with the prevention and wellness work. While BRC is concluding, the Project Director will lead the SKC Health and Wellbeing Initiative, a new phase of the project that goes beyond the scope of alcohol and other drug prevention to include other dimensions of health and wellbeing, such as sleep, eating well, and social connection. It will maintain the core partnerships, prevention strategies, and trauma-informed, healing-centered approach established under the BRC but will build prevention capacity by recruiting and training certified peer educators to help students embrace healthier lifestyles that will support their development and ability to thrive on the Reservation.

**Specific Goals\***

Describe the primary goals your program seeks to achieve. For each goal, explain how the program intends to accomplish it.

**Goal 1: Prevent and/or reduce the progression of substance misuse and related problems.**

To meet this goal we will disseminate prevention messages, resource information and best practices through social media platforms and other signage opportunities. We will also hold alternative activities around high risk use times of the year such as Holiday season (Thanksgiving to New Years), St Patricks Day, Cinco De Mayo, National Recovery Month etc.

Plan and Implement 7 prevention activities throughout the academic year that focus on teaching and encourage healthy decision making. We will hold 2 reservation wide alternative activities with community partners. (Overdose Awareness Day and Substance Misuse/Abuse Awareness Month or Red Ribbon Week)

**Goal 2: Encourage and grow awareness of healthy living practices through campus and community outreach.**

The project direct will implement projects and activities to develop Healthy Living Practices (HLPs) on campus to increase resilience and belonging

Examples of those HLPs include fostering community through intergenerational learning, increasing physical activity (i.e., Native Games and outdoor experiences), food sovereignty efforts (i.e., gardening in the outdoor

classroom, food distribution, food access, and growing self-efficacy through food preparation skill-building, health promotion and outreach.

## Evaluation Method\*

Please explain in detail how you will gauge the effectiveness and overall impact of the program. What specific evaluation methods, tools, or metrics will you use to measure success.

We will collect a count of the participants through signature sheets and demographic sheets, spreadsheets to track, the distribution of prevention and response tools, how often the 13 locations across campus are checked/refilled (this will include location and date of kit replacement). Google Forms/Survey Monkey will be used to create sign up sheets for workshops and alternative activities open to the surrounding communities.

### Feedback Forms & QR Code Check-Ins:

After each event or training, participants will be invited to complete a short digital feedback form (via QR code) to assess satisfaction, key takeaways, and suggestions for future programming.

Focus groups, storytelling sessions, and talking circles may be used periodically to gather in-depth student input, especially around cultural relevance and wellness priorities.

### Use of Evaluation Data:

Evaluation will guide program adjustments, inform outreach strategies, and support sustainability planning. Data will also be used to share outcomes with stakeholders, including campus leadership and funding agencies, and to build a case for continued investment in student health and wellbeing.

## Data Source\*

What data or evidence will you collect to show you are meeting your program goals? What specific information, metrics and documentation will you provide to demonstrate the program objectives have been achieved.

### Key Information Collected:

We will assess changes in knowledge, attitudes and behaviors related to overdose prevention, alcohol and other drug (AOD) risks, and healthy coping strategies through post activity surveys and feedback forms.

Satisfaction & Feedback (SurveyMonkey and Google Forms): Event feedback forms and digital surveys gauging participant satisfaction, relevance of content, and suggestions for improvement

We will also collect Qualitative comments from students on how the initiative supports their health and wellbeing.

System-Level Impact: New partnerships and cross-department collaborations formed (e.g., Housing, Athletics, SKC Extension, Advising) 1.) Wellness programming integrated into existing SKC services and academic calendar. 2) Institutional policies or practices influenced by the program (e.g., housing-based prevention strategies or expanded wellness resources) The impact of collaborations with organizations outside of SKC will also be assessed.

## Awareness\*

How do you plan to create awareness of this program? Briefly describe what action the program plans to take to create awareness in the community.

We will create posters/flyers and other information sheets using Canva and have them distributed around campus and the surrounding community. In addition we will utilize our social media accounts to create awareness of the program and post about upcoming awareness events and months.

We will continue to share resources with our community partners and the local/tribal and state coalitions to increase awareness on specific topics.

## *Additional Documents*

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### **Tax Exempt Organization\***

By clicking this box you are confirming the applying organization is a tax exempt organization.

Yes

### **Tax Exempt Determination Letter\***

Please upload a copy of the Organization 501(C)(3) Tax Exempt Determination Letter.

skc non-profit 501-c-3-1 (4).pdf

**Use this section to upload or explain any additional information regarding the program/organization. ie. a detailed budget projection, program/organization history, etc.**

### **Upload #1**

SKC CPW HWI MOAT Budget Request.xlsx

### **Upload #2**

Salish Kootenai College Mail - New Naloxone Kit Locations and Signage at SKC.pdf

### **Upload #3**

### **Additional Information**

## File Attachment Summary

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### *Applicant File Uploads*

- SKC CPW HWI MOAT Budget Request - SKC CPW HWI Budget Breakdown.pdf
- skc non-profit 501-c-3-1 (4).pdf
- SKC CPW HWI MOAT Budget Request.xlsx
- Salish Kootenai College Mail - New Naloxone Kit Locations and Signage at SKC.pdf

Salish Kootenai College Center for Prevention & Wellness Health and Wellbeing Initiative				
<b>Salaries &amp; Wages (including 34% benefits)</b>				
.70 FTE Project Director	\$40,000.00			
4 Certified Peer Educator Stipends	\$4,350.00			
<b>Salaries subtotal</b>	<b>\$44,350.00</b>			
<b>Direct Expenses</b>				
Prevention Activity Supplies	\$5,000.00			
CPE + Training Costs	\$650.00			
Station Supplies	\$1,000.00			
<b>Total Direct Program Expenses</b>	<b>\$6,650.00</b>			
<b>Totals</b>	<b>\$51,000.00</b>			
<b>The Project Director (.07 FTE)</b>				
<p>The Bison Resiliency Coalition (BRC) has laid the essential groundwork for a robust, culturally grounded, and trauma-aware approach to Alcohol and Other Drug (ATOD) prevention at SKC. Through this initiative, the Project Director has led the development and implementation of impactful programming including Naloxone training and distribution, harm reduction outreach (e.g., Bison Shield Bags), sober wellness events, and peer education efforts.</p>				
<p>With the BRC funding ending, sustaining this prevention work is not possible without continued investment. This one-year proposal seeks to maintain the current Project Director who has successfully cultivated strategic cross-campus and community partnerships, engaged students through culturally responsive prevention, and integrated Indigenous wellness teachings like the Seven Circles: Indigenous Teachings for Living Well by Thosh Collins and Chelsev Luger into current prevention efforts. The seven</p>				

<p>well by Thosh Collins and Chelsey Luger into current prevention efforts. The seven circles of wellness model is a holistic approach for modern healthy living that is healing-centered and strength-based practices derived from multiple indigenous nations, but is also applicable to all of our community. (Luger &amp; Collins, 2022, 1-29)</p>				
<p>Luger, C., &amp; Collins, T. (2022). The seven circles: Indigenous Teachings for Living Well. HarperOne, an imprint of HarperCollins Publishers.</p>				
<p>The Project Director will:</p>				
<p>Lead the Health &amp; Wellbeing Initiative, which will continue BRC’s successful prevention strategies with the integration of the Seven Circles of Wellness created by Thosh Collins and Chelsey Luger</p>				
<p>Host events that focus on sober programing that bring our community together</p>				
<p>Coordinate Naloxone training, prevention strategies, and AOD education</p>				
<p>Build cross-sector collaboration between housing, academics, student services, and community partners.</p>				
<p>Monitor evaluation efforts and reporting requirements to inform program improvement</p>				
<p>Ensure programming reflects Indigenous frameworks and culturally relevant prevention practices.</p>				
<p>Recruit, train and lead Certified Peer Educators.</p>				
<p><b>Certified Peer Educator Stipends and Training Funds</b></p>				
<p></p>				
<p>We will recruit and train 2 - 4 Students to become Certified Peer Educators (CPE) through NASPA’s CPE Training. The training consists of eight modules that cover the role of peer education to help peers make behavior changes, listening skills, response and referral skills, how to take action and intervene, self care and group dynamics. This certification can be attached to a student's resume and gives them a foundation in leadership skills. Additional modules included in CPE + modules are focused on increasing education surrounding topics like cannabis prevention, mental health and well-being and prescription medication misuse prevention. CPE + Stipends and training funds will cover the cost of training modules per student, planning and implementation of peer educator prevention activities, social media management and tabling hours per quarter for up to 4 students.</p>				
<p></p>				
<p><b>Programming Funds:</b></p>				
<p>This proposal also includes dedicated funds to continue core AOD programming initiated through BRC. These funds will cover:</p>				

Naloxone kits and training supplies for 13 locations across campus.					
Prevention kit materials (first aid medical supplies, sanitation and hygiene and safety and security items)					
Guest speakers, cultural facilitators, and event supplies for campus-wide prevention events					
Visual wellness messaging and culturally grounded educational resources					
Peer led prevention activity materials and supplies					
Printing costs \$0.6 for black and white and \$.11 cents for color.					
<b>Station Supplies:</b>					
Station supplies for the 13 Naloxone/Narcan kits across campus such as Hard shell case, 2 doses of Narcan/Naloxone, gloves, breathing masks, Signs/Symptoms card, and how to administer Narcan/Naloxone Card.					

Internal Revenue Service  
District Director

Department of the Treasury

Date: AUG 24 1979

EP/EO:II(MJS)

Employer Identification Number:

81-0378823

Accounting Period Ending:

June 30

Form 990 Required:  Yes  No

Person to Contact:

John Sutton

Contact Telephone Number:

(206) 442-5106

SEA:EO:79-854

Salish Kootenai Community College, Inc.  
Box 278  
Pablo, MT 59855

Dear Applicant:

Based on information supplied, and assuming your operations will be as stated in your application for recognition of exemption, we have determined you are exempt from Federal income tax under section 501(c)(3) of the Internal Revenue Code.

We have further determined that you are not a private foundation within the meaning of section 509(a) of the Code, because you are an organization described in section 509(a)(1) & 170(b)(1)(A)(ii).

If your sources of support, or your purposes, character, or method of operation change, please let us know so we can consider the effect of the change on your exempt status and foundation status. Also, you should inform us of all changes in your name or address.

Generally, you are not liable for social security (FICA) taxes unless you file a waiver of exemption certificate as provided in the Federal Insurance Contributions Act. If you have paid FICA taxes without filing the waiver, you should contact us. You are not liable for the tax imposed under the Federal Unemployment Tax Act (FUTA).

Since you are not a private foundation, you are not subject to the excise taxes under Chapter 42 of the Code. However, you are not automatically exempt from other Federal excise taxes. If you have any questions about excise, employment, or other Federal taxes, please let us know.

Donors may deduct contributions to you as provided in section 170 of the Code. Bequests, legacies, devises, transfers, or gifts to you or for your use are deductible for Federal estate and gift tax purposes if they meet the applicable provisions of sections 2055, 2106, and 2522 of the Code.

The box checked in the heading of this letter shows whether you must file Form 990, Return of Organization Exempt from Income tax. If Yes is checked, you are required to file Form 990 only if your gross receipts each year are normally more than \$10,000. If a return is required, it must be filed by the 15th day of the fifth month after the end of your annual accounting period. The law imposes a penalty of \$10 a day, up to a maximum of \$5,000, when a return is filed late, unless there is reasonable cause for the delay.

P.O. Box 21224, Seattle, Washington 98111

(over)

Letter 947(DO) (5-77)

You are not required to file Federal income tax return unless you are subject to the tax on unrelated business income under section 511 of the Code. If you are subject to this tax, you must file an income tax return on Form 990-T. In this letter, we are not determining whether any of your present or proposed activities are unrelated trade or business as defined in section 513 of the Code.

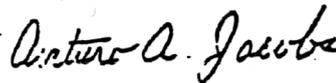
You need an employer identification number even if you have no employees.

If an employer identification number was not entered on your application, a number will be assigned to you and you will be advised of it. Please use that number on all returns you file and in all correspondence with the Internal Revenue Service.

Because this letter could help resolve any questions about your exempt status and foundation status, you should keep it in your permanent records.

If you have any questions, please contact the person whose name and telephone number are shown in the heading of this letter.

Sincerely yours,



Arturo A. Jacobs  
District Director

Because you are operated predominately through governmental funds, we have concluded that you are a public rather than private school. As a public school, you are not described in or subject to the requirements of Revenue Ruling 71-447 1971-2 C.B. 230, or Revenue Procedure 75-50, 1975-2 C.B. 587 regarding the demonstration of a socially nondiscriminatory policy as to students.

Salish Kootenai College Center for Prevention & Wellness Health and Wellbeing Initiative						
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Luger, C., & Collins, T. (2022). The seven circles: Indigenous Teachings for Living Well. HarperOne, an imprint of HarperCollins Publishers.						

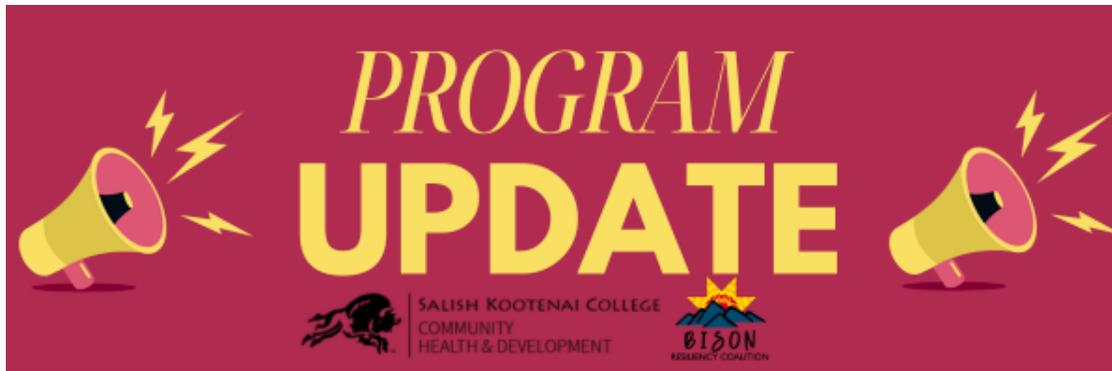


## New Naloxone Kit Locations and Signage at SKC

1 message

Brandy Tenas <communityhealth@skc.edu>  
To: bulletinboard@student.skc.edu

Mon, Jan 29, 2024 at 2:34 PM



Hello SKC Community,

I am excited to share updates from the Community Health and Development regarding Naloxone kit accessibility on campus.

We have recently enhanced our Naloxone kit stations with distinct purple signage. These signs boldly display the words: "Naloxone Opioid Overdose Emergency Kit," making them easily recognizable.

Furthermore, we have expanded our Naloxone kit locations to better serve our community. You can now find Naloxone kits at the following locations:

JPP building: First floor, near the refrigerator and restrooms. JPP Second floor, by the first aid kit down the main right hall. Three Woodcocks - Art building: Left side of the copier.

These additions aim to increase accessibility to life-saving resources across campus. We encourage everyone to familiarize themselves with these locations and **feel empowered** to act in emergency situations.

**In the attached campus map image**, Naloxone kit locations are represented by purple boxes with white crosses. These distinct markings make it easy to identify the designated areas where Naloxone kits are available. **Your awareness and preparedness can make a significant difference in emergency situations.**



This is a photo of the Naloxone kit at the JPP building on the first floor near the refrigerator and restrooms.



This is a photo of the Naloxone kit at the JPP building on the 2nd floor down the hall on the right near the first aid kit and fire extinguisher.



This is a photo of the Naloxone kit at the Three Woodcocks / Art building. The kit hangs to the left of the copier.



**Keep an eye out for announcements coming today regarding Narcan / Naloxone training.**

Thank you for your attention, and let's continue to prioritize the health and safety of our community.

Best Regards,

Community Health and Development